



# **Advisory Curriculum Pilot**

Social and Emotional Learning Standards

## **What is SEL?**

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

## 5 Core Competencies of SEL

**Self-awareness:** Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a “growth mindset.”

**Self-management:** Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.

**Social awareness:** Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.

**Relationship skills:** Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

**Responsible decision-making:** Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.

## **Current Curriculum**

2nd Step is used district wide K-8

Two years ago MMS updated 2nd Step to Middle School specific content

What our staff is finding with 2nd Step at MMS:

1. Repetitive
2. Too elementary in presentation
3. Less engaging than we would like

## **Curriculum Review**

Middle School Rep meeting feedback led to Advisory Curriculum Committee to reconvene.

Several meetings this summer

Research:

1. Looked at CASEL (Collaborative for Academic, Social and Emotional Learning) Website to see what curriculum they have reviewed
2. Used information from Principal email list serve in which Principal's shared what they were using
3. Identified 3 products for further investigation
  - a. Researched, viewed sample lessons, we spoke to sales reps, we discussed as a committee

**Moving  
Forward with  
Pilot  
Curriculum for  
19-20**

The Advisory Curriculum Committee is excited to move forward with program called *Habitudes*.

Areas our staff wanted to see improved:

Repetitive: Lessons are unique to each grade level and skills are varied throughout the lessons

Too Elementary: References, Visual Imagery, and Presentation are presented in a format that is more appealing to adolescents

Engaging: Higher level thinking skills, References are relevant to student interests, Visual image ties into each lesson, Rich and varied components for each lesson

## **SEL Competencies in Course 1**

Identifying Emotions

Accurate Self Perception

Recognizing Strengths

Self Efficacy

Impulse Control

Stress Management

Self Discipline

Perspective-Taking

Respect for others

Social Engagement

Relationship Building

Evaluating Decisions

Ethical Responsibility

## **Cost and Implementation**

Year 1 (Pilot) 2019-2020

\$1750 for Unit 1

Webinar Training \$650 for 90 minutes

Year 2

\$1750 for Unit 1 plus \$300 for Unit 2

Year 3

\$1750 for Unit 1 plus \$300 for Unit 2 and \$300  
for Unit 3

**Continual  
Review of the  
Pilot**

Staff collaboration during monthly Early Release meetings

Advisory Curriculum Committee to meet in December for mid year review / feedback / problem solving

Report out to BOE in April for update on curriculum success and plan to move forward with Year 2

## **Questions / Feedback?**

Any questions you would like to ask of our committee members?

Do you have any feedback you would like to share?

Thanks for your interest and support.